
Serving Northeast Florida

Office: 2105 Park Avenue, Suite 30, Orange Park, FL 32073

Phone: (904) 269-5315 Email: info@tscoop.org Website: www.tscoop.org

Our Mission is to inspire dynamic living among older adults through volunteerism, education, and community connection.

NEW and Returning CLASSES — See registration form on page 5.

Acrylics*—Kris Lesak—Bring your own supplies. **Pre-register by 9/25.**

Basic Drawing Continued*—Pauline Dickson—Bring your own supplies and build on skills from the summer session. **Pre-register by 9/25.**

Book Club—Marty Mayer— bring the book you are currently reading to share with the class.

Intermediate Chess —Tony Sutton will be teaching an intermediate level chess course designed for those who have already learned the basic principles of chess and want just a tad bit more. The emphasis will be on planning and tactics. There will even be homework handouts (optional) for practicing the points covered! The two hour session will be split evenly between instruction and play. Boards/sets will be provided.

Collage* - Kris Lesak—Glue various papers together to make fun and beautiful art. \$10 Supply fee.

Crochet—Katie Tibbets—Bring your own supplies. Katie can help you with a current project or teach you how to crochet.

Drawing*—Kris Lesak - The first few weeks you will work on shapes and shadows and how to apply these concepts to real world objects, including landscapes. Please bring a sharpened #2 or HB Pencil. Kris will have sketch paper, or you may bring your own sketch book.

Pre-registration required by 9/25

Flower Arranging*—Ruth Johansen—Limit class to 12. Cost per person \$15 paid at first class to Ruth Johansen. Student provides flowers, scissors, clippers. Greenery, container and oasis for designs will be provided by Ruth. The focus is Holiday Designs **Pre-register by 9/25.**

Getting to Know Yourself through Writing—Marty Mayer will share writing prompts to get you "talking to yourself on paper." Learn through writing.

Improv Comedy *—Ann Doherty—Hardbattle— Improv is making things up as you go along—no scripts! Ann will guide you through fun improv games, exercises, and scenes. Check out: annsimprov.com Limit 10 **Pre-registration required by 9/25.**

Jewelry Making *—Nancy Keown - 2 hour class, class limit 13, **\$30 supply fee** paid to Nancy. Beginners are welcome. A detailed supplies list will be emailed upon registration.

Pre-registration required by 9/16

Knit and Chat—Billie Flahive— This class will be a gathering of people who like to knit and chat. If you want to learn to knit please join us, and I'll have a small project for you to learn this fun skill of knitting. Crocheters are welcome, but I can't provide any help. Come join the fun!

Rock n Roll—Dave Neal— Join Dave as he leads you down memory lane with music and anecdotes from 1974 & 75.

Sandra Talks Life Skills—Sandra Francis—Sandra will cover different topics each week that will assist in everyday living and events.

Ukulele, Beginning—Deb Felts—Learn chords and a few songs. You will need a ukulele and *The Daily Ukulele: 365 Songs for Better Living* (Jumpin' Jim's Ukulele Songbooks).

Watercolors*—Mon.- Susan Mills, Thurs.—Kris Lesak— Bring your own supplies. Class limit 10.

Pre-registration required by 9/25

Chair Yoga—Chair Yoga with Connie Eden on Mondays and Robin Fabianek on Thursdays.

SHEPHERD'S CENTER – FALL CLASSES 2024

Mondays – September 30— November 25 **No class 10/14**

Orange Park Methodist Church Family Life Center at 2042 Reed St & Stowe Ave

Room	9:00 A.M.	10:00 A.M.	11:00 A.M.	1:15 P.M.
6203	Elder Law Mike Jorgensen Senior Counsel Also via Zoom	Pop and Rock – '73-'74 Dave Neal	Current Events Ken Johansen, Susan Howard, and Dr. Doug Greenberg	Acrylics Kris Lesak Reg by 9/25
6204	Bingo for Prizes! Rita Hewett Heron Realty	Jewelry Instruction* Nancy Keown Limit 13, Fee \$30 Reg by 9/16/24	Jewelry Workshop Continued from 10am Nancy Keown	Water Colors/Acrylic, * Susan Mills Limit: 10/2hrs
6205		Knit and Chat Billie Flahive	Flower Arranging* Ruth Johansen \$15 Fee, limit 12, reg by 9/25	Mahjong On the Balcony Linda Henning Alice Gentile
6206	Sandra Talks Life Skills Sandra Francis Haven Hospice	Book Club Marty Mayer	Drawing* Kris Lesak	Greeting Cards* Katie Tibbets, Chris Bass, & Pat Fiedler Limit 10 Fee \$15 reg by 9/25
6207	Improv Comedy* Ann Doherty-Hardbattle Limit 10	Ukulele Deb Felts	America the Beautiful a Photographic Journey Ester Lee	Chair Yoga Connie Eden
GYM	Walking to the River George Tower	Movement/Exercise LouAnn Simpson Pennies from Heaven Game 1 Robin Fabianek	Line Dancing Hal Hill & LouAnn Simpson Pennies from Heaven Game 2 Robin Fabianek	

* Classes require pre-registration

Anyone interested in a pre-registration class (marked by an asterisk “*”) should sign up prior to, 9/25/2024. Payment is not due with pre-registration. If the number of registrants exceed the number of spots, there will be a lottery for the class. Lottery drawing will be on 9/26/2024 with notification via email; make sure you have your email address on file with us!

Bridge

Orange Park Presbyterian Church, Tuesday 1:00 – 3:00 P.M. - Reservations required.

Call Claire Wimmer at 404-358-2015

Classes via Zoom, Mondays & Tuesdays, September 30—November 19 No class, 10/14

Monday, 9am
Elder Law
Mike Jorgensen, Senior Counsel

Tuesday, 11am
Traveling Down the Local Rabbit Holes of History
Kate Riggs, Kate Riggs Consulting

SHEPHERD'S CENTER –FALL CLASSES

Thursday – October 3 — November 21

Crossroad Lutheran Church, 5101 Lakeshore Dr. West, Fleming Island
(Corner Lakeshore Dr. West and 220)

ROOM	9:00 A.M.	10:00 A.M.	11:00 A.M.
Entry Room	Beginning Tai Chi Gung Carol Newbern	Movement and Exercise Michael Saffy Silverlink Consulting	Chair Yoga Robin Fabianek
207		Intermediate Chess* Tony Sutton Reg by 9/25	Int. Chess continued Tony Sutton
208 A	Watercolors Instruction* Carron Wedland Limit 10	Watercolors Instruction* Carron Wedland	Watercolors Paint on Your Own*
208 B	Crochet Katie Tibbits Reg by 9/25	Basic Drawing * 2 hour class Pauline Dickson Reg by 9/25	Drawing * continued Pauline Dickson
209	Android Phone Andrea Gallo Fl. Homes and Realty	Family History/Genealogy Stanley Carroll	Getting to Know Yourself thorough Writing Marty Mayer
202	A minimum of 4 players registered required for Pennies.	Pennies from Heaven* Game 1 Robin Fabianek Mahjong Linda Henning	Pennies from Heaven* Game 2 Mahjong Linda Henning
203		Tangles on Paper* Chris Bass & Pat Fiedler Limit 10 reg by 9/25	Tangles on Paper* continued Chris Bass & Pat Fiedler
204		Collage* Kris Lesak Reg by 9/25	Collage continued

Luncheon Program, Mondays at our Orange Park Location

Lunch begins at 12 p.m. in the gym. Make reservations on registration form or call the office.

Lunches include an entrée, side, salad, roll, dessert, iced tea, and coffee.

Lunch \$7.00 — Reservations required. *The lunch menu may be subject to change!*

If you prefer, you are welcome to bring your own lunch.

Sept 30	"Exercise is Everything " - Dr. Edwards, Coastal Health	Chicken Parmesan
Oct 7	"Caring for the Caregiver" - Hazel Yates, Community Hospice	Salisbury Steak
Oct 21	Chris Chambless, Supervisor of Elections, FL Amendments Overview	Chicken Lemon
Oct 28	Costume Party/Contest	Chicken Parmesan
Nov 4	Teacher Appreciation	Meatloaf with Gravy
Nov 18	Holiday Concert with Craig Seaton	BBQ Chicken

A very special thank-you to Trish Diggins for her time and talents in maintaining the SCOOP website, www.tscoop.com

Sunshine Committee Report:

Thank you, Barbara Elliott for sending cards out to our members!

Sympathy: Donna Browne-sister Monica, Family of Dorothy Hayden, Stephanie Prentice—Mom—Diane Crowe, Jennie White—Husband

Get Well: Chris Bass, Bonnie Goman, Dan King, Dan & Carol Weisenburger, Jennie White

Thinking of You: Lynn Brittingham, Margaret Koloskee, Jennie White

Contact the office at 269-5315 if you know of someone who needs prayer, is ill or is grieving; let us know and a card will be sent.

UPCOMING "FUN COMMITTEE" EVENTS

8/28—11:30—Lunch at Olive Garden

9/12—1pm—Bowling at Splitz—cost to be determined

9/25 11am-Cummer Museum Docent led tour of "Fabric of Nations" \$25

10/9 11:20am—Lunch at Kyodai

10/30 10am— Camp Chowenwa, nature hike and presentation, picnic lunch \$15

12/10 2-4pm Holiday Party at the Center at Fox Valley, cost to be determined.

Reservations are required for all events.

Shepherd's Center Board of Directors

2024 Officers:

2024 Trustees:

Advisory Trustees

Ruth Johansen, Chairman	Andrea Crowder	Ron Gebhard	Christy Fitzgerald, Ex. Dir.
Suzanne Tower, Vice Chairman	Rose Hawkins	Carol Klein	Robyn Voigt, Orange Park
Chris Bass, Secretary	Charlie Lusk	Kristin Moore	Methodist Church
Chuck Smithers, Treasurer	Mary Matheson		

WELCOME TO OUR NEW MEMBERS!

Henry Bowers	Nancy Bright	Nancy Candella	Emily Conner
Chris Edgington	Graham Fleenor	Elaine Gracchi	Barbara Greenberg
Carol Kemp	Josephine Leigh	Jim Mayes	Elaine Nabors

Thank you Windsor Ortega for sponsoring the Festival of Flowers fundraiser in May!

Kristin Moore facilitated a great and successful event!

Thank you Kristin!

Costume Contest Oct. 28

- **Best Overall Costume**
- **Most Creative Costume**
- **Funniest Costume**

**A very special thank you to our PLATINUM SPONSORS.
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To register for the Fall 2024 Session by mail, please send this page in with your class selections. Check the appropriate registration fee and include your check.

Monday, Tuesday, Wednesday \$40.00 _____
 Tuesday, Wednesday, Thursday \$30.00 _____
 All Classes, \$10 discount \$60.00 _____
 One Time New Member Fee \$25.00 _____
 Donation \$ _____

Lunch for entire session \$42.00 _____

Please make your check payable to:

**The Shepherd's Center
 2105 Park Avenue, Suite 30
 Orange Park, FL 32073**

Name: _____

Address: _____

City: _____ **State** _____ **Zip** _____

Email: _____

Phone: _____

Any changes above? Circle Yes or No

May we e-mail your SCOOP Newsletter? _____

Sign up for Monday July 8 lunch: _____

Class Fees/Per Session

Monday, Tuesday, & Wednesday- \$40;

Tuesday, Wednesday, & Thursday - \$30,

All Days - \$60 (\$10 discount)

One-Time New Member Fee: \$25

Lunch \$7, reservation required

As a courtesy to our instructors, **PLEASE PRE-REGISTER FOR YOUR CLASSES!** You may wait to pay for the class on the first day of classes; our teachers need to know how many will be in their class. We can't wait to see you!

Ruth Johansen and The Board of Directors

About SCOOP

Adventures In Learning Classes are taught on various subjects by knowledgeable volunteer instructors. There are four, eight -week sessions per year. Lunch is also available along with an entertaining and informative lunch program on Mondays.

Indicate your choice of Classes

Monday 9:00 A.M.

____ *Bingo*
 ____ *Elder Law*
 ____ *Elder Law Zoom*
 ____ *Improv Comedy**
 ____ *Walking*

10:00 A.M.

____ *Book Club*
 ____ *Jewelry Making**
 ____ *Knitting*
 ____ *Movement & Ex*
 ____ *Pennies Game 1*
 ____ *Pop/Rock*
 ____ *Ukulele**

11:00 A.M.

____ *America Beautiful*
 ____ *Current Events*
 ____ *Drawing*
 ____ *Flower Arranging**
 ____ *Line Dancing*
 ____ *Pennies Game 2*

1:15 P.M.

____ *Acrylics**
 ____ *Chair Yoga*
 ____ *Greeting Cards**
 ____ *MahJong*
 ____ *Watercolors **

10/24 BBQ Lunch

____ *Pork \$10*
 ____ *Turkey \$10*
 ____ *Pork/ Turkey \$12 combo*

Tues. via Zoom 11am

____ *Local History*

Tuesday 1 P.M.

____ *Bridge Playing*

Thursday 9:00 A.M.

____ *Android Phone*
 ____ *Crochet*
 ____ *Tai Chi Gung*
 ____ *Watercolors**
 2hrs

10:00 A.M.

____ *Basic Drawing**
 2hrs
 ____ *Chess Intermed.*
 ____ *Collage**
 ____ *Family History*
 ____ *Mahjong*

____ *Movement & Ex*
 ____ *Pennies Game 1*
 ____ *Tangles* 2hrs*

11:00 A.M.

____ *Chair Yoga*
 ____ *Mahjong*
 ____ *Pennies Game 2*
 ____ *Writing*

FUN COMMITTEE

Payment due upon registration

____ *Bowling 9/12*
 ____ *Cummer \$25*
 ____ *Kyodai lunch*
 ____ *Camp Chow \$15*
 ____ *Holiday Party 12/10*

Individual & Gala Contributors**May 23—August 13, 2024****Golden Years Gala 2024****Title Sponsor**

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Patricia Fiedler
Mikki Francis
Kristin Moore
Donna Ponder**Emerald (\$250 +)**

Susan Stobe

Thank You to Orange Park Methodist Church

Shepherd's Center of Orange Park (SCOOP) would like to thank Orange Park Methodist Church for their many years of partnership with our organization. SCOOP exists and continues to grow because of their generosity. Orange Park Methodist Church provides the Family Life Center for the "Adventures in Learning" Program, saving SCOOP tens of thousands of dollars. We very much appreciate their commitment to our program, senior adults and this community!

Clay County Senior Adult Advocacy Annual BBA Fundraiser—Thursday 10/24

Join us as we support the Clay County Senior Adult Advocacy Councils Annual BBQ Fundraiser.

We will purchase lunch for our Thursday Adventures in Learning on 10/24. BBQ will be delivered to Crossroads Lutheran and we will have lunch together at noon. You may join us for lunch or take your lunch to go. Lunch will be BBQ pork or turkey provided by Mojoes, baked beans and coleslaw with Texas toast provided by Whitey's. Cost is \$10 for pork or turkey or \$12 for a combo of pork and turkey. Tea and water will be provided as well. Reservations are required by 10/10. Use the registration sheet to register. As always, teachers eat free!

Thank you for considering a gift of support!***You can make a difference at SCOOP!***Go to www.tscoop.org under donate or mail to:The Shepherd's Center of Orange Park, 2105 Park Avenue, Suite 30, Orange Park, FL 32073

Individual contributions are a significant source of our support, as we are funded entirely by the private sector. Gifts are tax-deductible and will be acknowledged by letter. Please complete the appropriate parts of this form and send it along with your contribution to the above address.

My contribution is in the amount of \$_____.

Your Name _____

Address _____

City _____ State _____ Zip Code _____

Gifts to the Shepherd's Center to memorialize loved ones, or to honor friends or relatives, are effective ways to recognize them and perpetuate their memories. Appropriate letters of acknowledgement will be sent to you, and the person named below will be notified of this contribution.

Name _____

Address _____

City _____ State _____ Zip Code _____

In Memory of: _____ In Honor of: _____

FLORIDA LAW. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE FLORIDA DEPARTMENT OF AGRICULTURE AND CONSUMER SERVICES WITHIN THE STATE BY CALLING 1 (800) 435-7352. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. REGISTRATION # CH30937

A BIG THANK YOU to the businesses that financially support the Shepherd's Center of Orange Park!

The Shepherd's Center of Orange Park was founded on the ideal of bringing together individuals from all walks of life to celebrate the joys of aging. This commitment fosters a culture where meaningful connections to each other, to our communities, and to the world may occur. We promote a culture where we welcome any participant regardless of race, color, ancestry, religion, sex, national origin, sexual orientation, age, citizenship, marital status, disability, gender identity, or Veteran status. All are welcome!



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